

# Disney World for Grown-Ups: The Unofficial Travel Guide



Theme Parks for Grown-Ups © 2021

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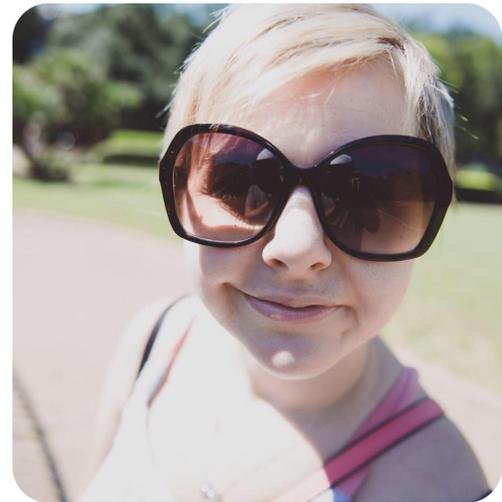
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# Hi, there!

My name is Kylee Gano. I'm the owner of *Theme Parks for Grown-Ups* and the author of this little eBook. I want to start off by telling you that I cover a lot in this book, so try not to get overwhelmed by the amount of information! My advice is to choose **3 to 5 activities** to check off your Disney for Adults Wish List and leave the rest as a reference. You can't get everything done during one vacation, so leave your Disney FOMO at the door and focus on savoring every moment!

Also, I think it's equally important to be transparent about the fact that I am a twenty-something (with no kids!) who loves Disney. This means that while I don't have too much advice on what it's like to bring toddlers to a theme park, I *do* have a wealth of knowledge on what parents can do at Disney World. I want moms, dads, grandparents, and guardians to enjoy Disney *just as much as* (if not more than!) their kids. I also know exactly how couples, solo travelers, and groups of friends can enjoy a Disney vacation with *no kids* whatsoever. I promise you, Disney World is not just for little ones!



And for those of you still wondering, no, I don't have Peter Pan syndrome, nor do I refuse to grow up! In fact, I'm a former Cast Member, certified Travel Agent, and very frequent visitor. Over the years, I've seen the Disney Parks implement more and more activities designed just for adults. At first glance, I know it seems hard to believe that adults go to Disney World without children. It is, after all, an amusement park inspired by a cartoon mouse. But I'm here to tell you that it is perfectly lovely to visit the parks as an adult. There are incredible resorts built to feel like spa retreats, large events catered towards adult interests, and *tons* of cocktails to be consumed. If you're still afraid of being the only fully grown person in the parks, don't be. An average of *52 million people* visit Disney World every year and many of them are childfree adults visiting for their honeymoons, anniversaries, solo trips, or group getaways. **So, let's get this 21 and over party started!**

BUT FIRST,  
COFFEE...



# Top 5 Places to Get Coffee at Each Park

*Note: Magic Kingdom, Epcot, and Animal Kingdom have a **Joffrey's Coffee and Tea** conveniently located outside each of the main gates. You can grab your coffee while waiting for the park to open! Magic Kingdom's coffee stand is located at the Transportation and Ticket Center.*

## **Magic Kingdom**

**Main Street Bakery (Main Street U.S.A.):** Full Starbucks menu.

**Westward Ho Food Cart (Frontierland):** Cold brew and breakfast sandwiches or cold brew and candied bacon in the afternoon.

**Gaston's Tavern (Fantasyland):** Joffrey's drip coffee served with a warm cinnamon roll.

**Sleepy Hollow (Liberty Square):** Iced mocha or iced french vanilla coffee, funnel cakes, and chicken 'n' waffles.

**Cheshire Cafe (Fantasyland):** Cold brew and the Cheshire Cat tail pastry.



*Cheshire Cat Tail and Cold Brew at the Cheshire Cafe*

# Top 5 Places to Get Coffee at Each Park

## Epcot

**Fountain View:** full Starbucks menu.

**Joffrey's Coffee and Tea (Near Mission Space):** Lattes (hot or cold), cappuccinos, cold brew, and pastries.

**Sunshine Seasons:** Cold brew, cappuccinos, and a full breakfast menu.

**Les Halles Boulangerie-Patisserie:** Cappuccinos, lattes, drip coffee, and an expansive sweet and savory pastry menu.

**Morocco Coffee (Inside Tangierine Cafe):** The Tangierine Coffee made with orange liqueur is my favorite! Tangierine Cafe also serves cappuccinos, lattes, pastries, and sandwiches.

**Kringla Bakeri Og Kafe:** The crowd-favorite is the Viking Coffee flavored with Kamora Coffee Liqueur and Baileys Irish Cream. Pair it with the sweet School Bread filled with custard and topped with coconut shavings!



*Viking Coffee with School Bread at the Kringla Bakeri Og Kafe*

# Top 5 Places to Get Coffee at Each Park

## Hollywood Studios

***The Trolley Car Cafe:*** Full Starbucks menu.

***Woody's Lunch Box:*** Joffrey's cold brew.

***Joffrey's Coffee and Tea (Near Tower of Terror and Pixar Place):*** Lattes (hot or cold), cappuccinos, cold brew, and pastries.

***Mama Melrose's Ristorante Italiano (Table Service):*** Frozen or hot cappuccinos, lattes, espresso, and the dessert Tiramisu Martini.

***The Hollywood Brown Derby (Table Service):*** Joffrey's French Press Pot (serves two people).



Starbucks at the Trolley Car Cafe

# Top 5 Places to Get Coffee at Each Park

## Animal Kingdom

***Creature Comforts:*** Full Starbucks menu.

***Isle of Java:*** Iced coffee, cappuccinos, and pastries.

***Kusafiri Coffee Shop & Bakery:*** Iced mocha or iced french vanilla coffee, hot breakfast wraps and the colossal cinnamon roll.

***Nomad Lounge:*** Traditional Mustang Coffee made with Crown Royal, brown sugar, and butter.

***Royal Anandapur Tea Company (Joffrey's Coffee):*** Lattes (hot or cold), cappuccinos, cold brew, iced teas, and pastries.



# Bonus: Best Coffee at Disney Springs



## Lattes with character at Disney Springs

There are two **Joffrey's Coffee and Tea** and two **Starbucks** at Disney Springs. For dessert and coffee, **Amorette's** serves cappuccinos and lattes along with decadent cakes and cookies. The best, best, *best* place to get your morning java is at the **Joffrey's Tea Traders Cafe** though. This is where you can pick up the most Instagram-worthy latte in Disney World. Baristas print a picture of Mickey, Minnie, or Donald right into the foam! The coffee tastes the same as any other Joffrey's latte, but it's way cuter. This location caters to the party scene and stays open until 2am, Thursday through Saturday.



# LET'S GET STARTED...



# Pro Tips and Recommendations

**Take advantage of Single Riders Lines:** The Single Riders Line is helpful if you want to cut down on wait times and your party doesn't mind being separated. Find the line near the regular standby line and when the ride vehicle has an odd number of guests, the Cast Member will call upon a single rider to fill up the space. Occasionally, you'll get lucky and board with your party members. Disney World has three rides that allow single riders: *Expedition Everest* in Animal Kingdom, *Test Track* in Epcot, and *Rock n' Roller Coaster* in Hollywood Studios.

**Don't be afraid to go solo:** If you're using this trip to bond with a significant other, maybe you shouldn't leave them at the hotel. *However*, if you end up traveling with a group of friends, try spending some time in the parks on your own. I know people think this is a little strange, but believe me, I've had some wonderful times soaking up the Disney scene all by myself. The freedom of enjoying whatever show, ride, or food that you want can be liberating!



**Arrive late, dine late, leave late:** Both arriving early and making early reservations mean you may end up sharing the space with larger families and small children. This might not bother you, but if you're looking for a quiet meal or want to share the parks with fewer kids, arriving and dining late can help.

**Use those Extra Magic Hours:** If you'd rather arrive early, this perk is a great way to get extra time in the parks with slightly smaller crowds. After all, traveling with an adults-only group means you can stay longer in the parks without anyone getting *too* cranky. On the flipside, I do advise taking a midday pool break if you arrive early. You don't want to wear yourself out too quickly!

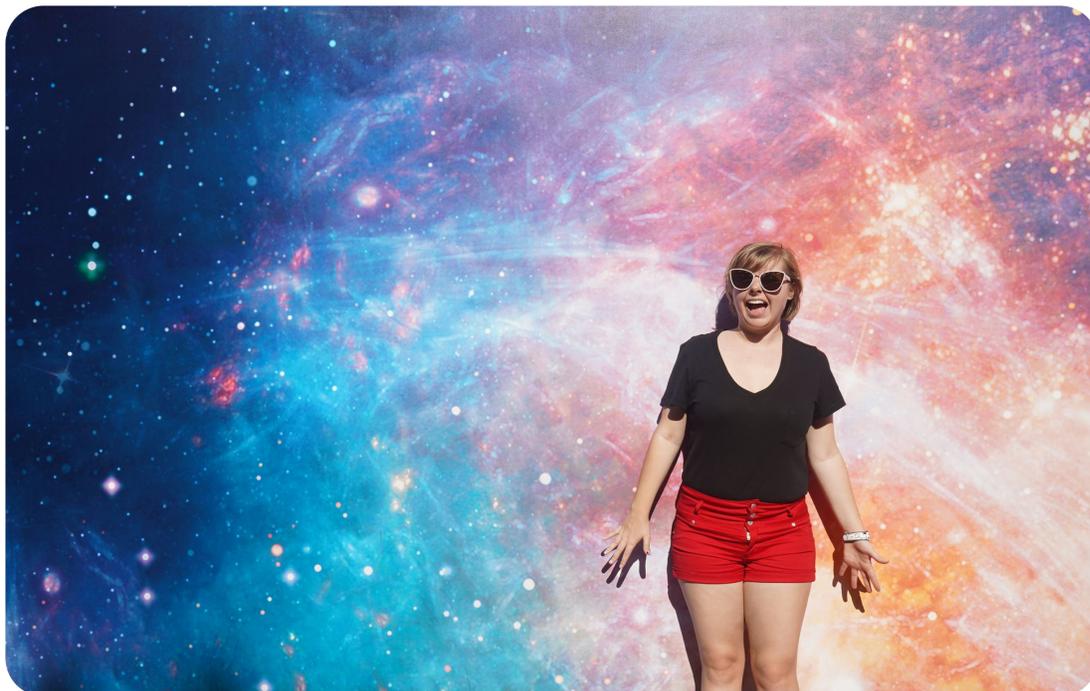


# Pro Tips and Recommendations

**Seek out the Instagram walls of Disney World:** If you're not familiar with the trend, there are numerous walls throughout the parks that guests love to use as backdrops for their Instagram photos. The appeal is that the walls are generic enough to provide a background for your picture, but also decidedly Disney, so your followers know exactly where you are.

## *8 Popular Disney Walls to Get Your Pics*

- 1) **Purple Wall:** Magic Kingdom, near the Tomorrowland Terrace.
- 2) **Bubblegum Wall:** Epcot, near the exit of Spaceship Earth.
- 3) **Blueberry Wall:** Epcot, right next to the bubblegum wall.
- 4) **Toothpaste Wall:** Epcot, near The Seas with Nemo and Friends.
- 5) **Galaxy Wall:** Epcot, on the construction walls covering the upcoming Guardians of the Galaxy attraction.
- 6) **Moss Wall:** Animal Kingdom, across from the entrance to Satu'li Canteen in Pandora.
- 7) **You Are The Most Beautiful Wall:** Animal Kingdom, Harambe Market.
- 8) **Fichwa, Fellow! (Painting of Mickey) Wall:** Animal Kingdom, Harambe Market.



*Galaxy Wall at Epcot*

# WHERE TO STAY...



# 7 Resorts for an Adults-Only Trip

**1) Animal Kingdom Lodge (Deluxe):** Designed by Peter Dominick, the breathtaking architecture and outdoor property of Animal Kingdom Lodge is inspired by African aesthetics and traditions. You'll find authentic African masks, tools, and art scattered throughout the resort. Outside, there's a real savannah with native African animals wandering the grounds and munching on the grasslands. For human eats, there is one quick-service restaurant (The Mara) and two table-service restaurants (Jiko and Sanaa). Both fine-dining establishments feature South African wines and dishes that are perfect for an adults-only trip. If you stay here, the Savannah View rooms are worth every penny and waking up to a zebra grazing outside your window is priceless.

**2) Wilderness Lodge (Deluxe):** Another masterpiece from the mind of Peter Dominick is the awe-inspiring Wilderness Lodge. The resort is modeled after the National Park lodges across the states, primarily the Pacific Northwest. The serene property comes complete with biking trails, a lakeside setting, and a pool with a running 'creek,' which flows into a working replica of Old Faithful.

*Pro Tip: The lodge is most magical during the holiday season. The Northwest lends itself nicely to cozy Christmas feels.*



*Animal Kingdom Lodge*

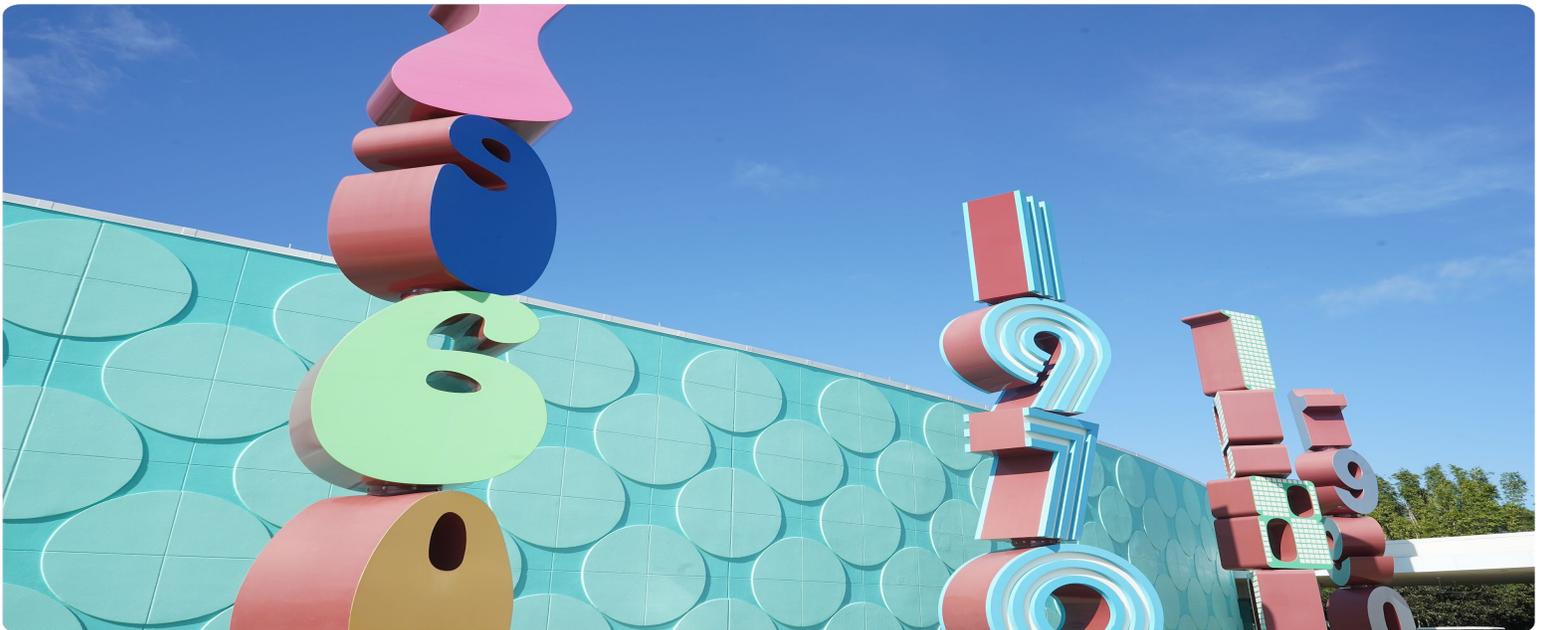
# 7 Resorts for an Adults-Only Trip

**3) Pop Century (Value):** For the budget-minded, Pop Century provides the whimsical Disney appeal that all value resorts offer, albeit with fewer people, less noise, and recently-renovated rooms. The hotel is sectioned into different generations, starting with the 50s and ending in the 90s. Each section displays cultural references like Mr Potato Head and giant Walkmans, making it a nostalgic spot for adults of practically every generation!

*Pro Tip: Rooms sell out quickly in the summer and other peak seasons!*

**4) Four Seasons Orlando (Deluxe):** This resort is incredibly upscale and the most luxurious resort in the Disney area. The price is about the same as staying in the Grand Floridian, so around \$500 per night. Technically, it's *not* a Disney resort, but you can book this hotel in a package with park tickets. This will let you experience all the perks that a Disney resort has to offer, like park transportation and Extra Magic Hours. This hotel also features a golf range, lazy river, and an adults-only pool.

**5) B Resort & Spa (Moderate):** This 'off-property' resort is great for those who like a little luxury (albeit on a lower-than-luxury budget) but don't want to drown in Disney magic. If I were to describe this hotel, I would say it was 'Vegas-chic.' The lobby is decked out with clean white marble, the rooms are very modern and plushy, and the zero entry pool has a swanky vibe. It seems to me that this place was built with childfree trips in mind.



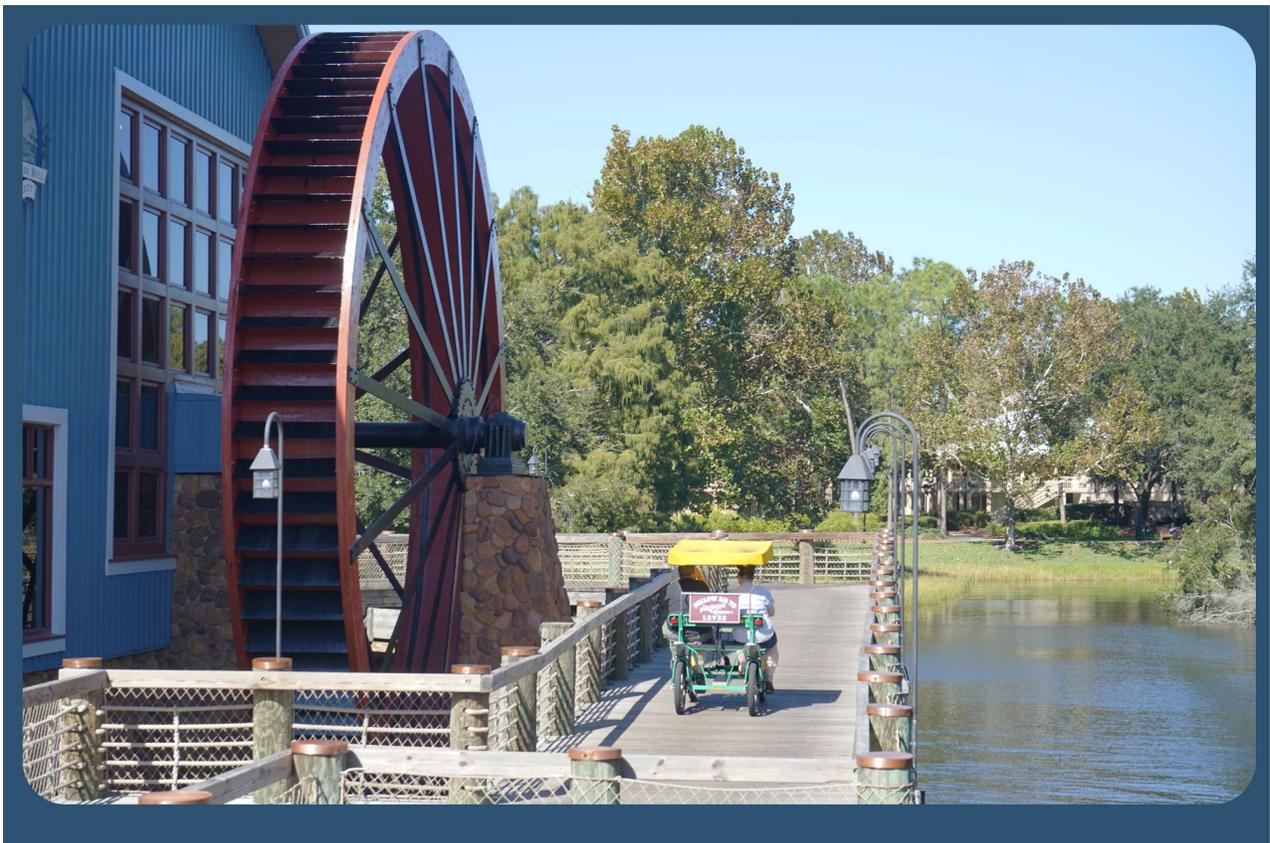
# 7 Resorts for an Adults-Only Trip

**6) Port Orleans Resort - Riverside (Moderate):** This property is inspired by New Orleans architecture and foliage, and boasts lush forests, biking trails, and the Sassagoula River. The river acts as a transportation channel between Port Orleans Riverside, the French Quarter, and Disney Springs. In the middle of the river is Ol' Man Island, which houses a historic oak tree, main pool, and a few fishing spots. The grounds are so quiet and remote, you often forget you are on theme park property. My partner and I recently stayed here with another couple and we had the best time on our little romantic getaway.

**7, 8 and 9) The Contemporary, Polynesian, or the Grand Floridian (Deluxe):** Any of the 'monorail hotels' would be ideal for an adults-only trip. Not only are they all a quick monorail ride away from the Magic Kingdom, they also offer easy access to Epcot's monorail. These resorts also surround the Seven Seas Lagoon, which means they have access to boat rentals and water sport options. *The Grand Floridian* is the most luxurious of the three, with wedding pavilions and a full-service spa.

*The Polynesian* is inspired by the islands and has the infamous Trader Sam's Grog Grotto onsite.

*The Contemporary* is modern with up-close views of the Magic Kingdom.



Port Orleans-Riverside

# 6 Resort Activities for Grown-Ups



## 1) Indulge in a spa day at one of Disney's resort spas

A spa day is the best way to cure post-theme park aches and pains, after all! Senses Spa at Saratoga Springs or The Grand Floridian are the best places for a lush massage and a soak in the private hot tubs. They even bring you a cocktail and chocolate after your session! Afterwards, you can enjoy lunch at one of the fancy restaurants inside the hotel.

## 2) Enjoy a romantic horse-drawn carriage ride

You can find carriages at Port Orleans Riverside, Saratoga Springs, or Fort Wilderness Resort.

## 3) Take in dinner and a musical show

Look for the lively Hoop de Doo Revue, located at the campsites of Fort Wilderness Lodge.

## 4) Indulge in the extravagance of Victoria and Albert's at The Grand Floridian

This AAA Five Diamond Award-Winning restaurant employs chefs of the highest caliber, who can create a menu completely from scratch with your preferences in mind. Alternatively, enjoy a night-in at your own resort restaurant!

## 5) Cuddle up with a movie under the stars

Most resorts will show outdoor Disney movies on certain nights of the week. The projectors are set up by the pools or beaches making this activity the perfect way to relax after a long day in the parks.

## 6) Stretch out with morning yoga

Recreation just added complimentary morning yoga retreats to the resort activities! The class isn't too difficult, so it's accessible for beginners, and it will help relieve all the aches and pains you accumulate from walking and standing in the parks. Check the recreation guide to see if or when classes are held.



# WHERE TO PARTY...



# Entertainment at Disney Springs

**Disney Springs is the ultimate shopping, dining, and drinking mecca designed with a 21 and over crowd in mind. There is a lot to see and do, but these are some of my favorite activities!**

## **1) Enjoy a night-out at The Edison**

Every Thursday, Friday, and Saturday after 10pm, the restaurant turns into a 21 and over speakeasy with live dancers and singers. The guest dress code changes from casual to slightly dressy after 10pm as well. You don't have to have to be super dressed-up, but they ask that you don't wear baseball caps, sleeveless shirts and flip-flops at that time. The food is great too! Try the DB Clothesline Candied Bacon (strips of crispy candied bacon hung on a tiny makeshift clothesline)!

## **2) If you're looking for a European vibe, head over to Raglan Road**

It's a crowd-favorite among Cast Members and longtime Disney World guests. In fact, most Disney fanatics rave about the pub's nightly traditional Irish dancers, musicians, and fantastic food. Go for brunch on Saturday or Sunday for live music and pork hash!



*The Edison*

# Entertainment at Disney Springs

**3) Go bowling and share some pub food at the retro Splitsville Bowling Alley!** The theming here is just fantastic.

## **4): The House of Blues**

This chain is an old standby that has stood the test of time during Disney Springs' many transformations over the years. It isn't just a concert and dance hall either. The Front Porch has an outdoor bar featuring chill musicians every night and The Smokehouse provides small menu items like pulled pork sandwiches and beer on-the-go.

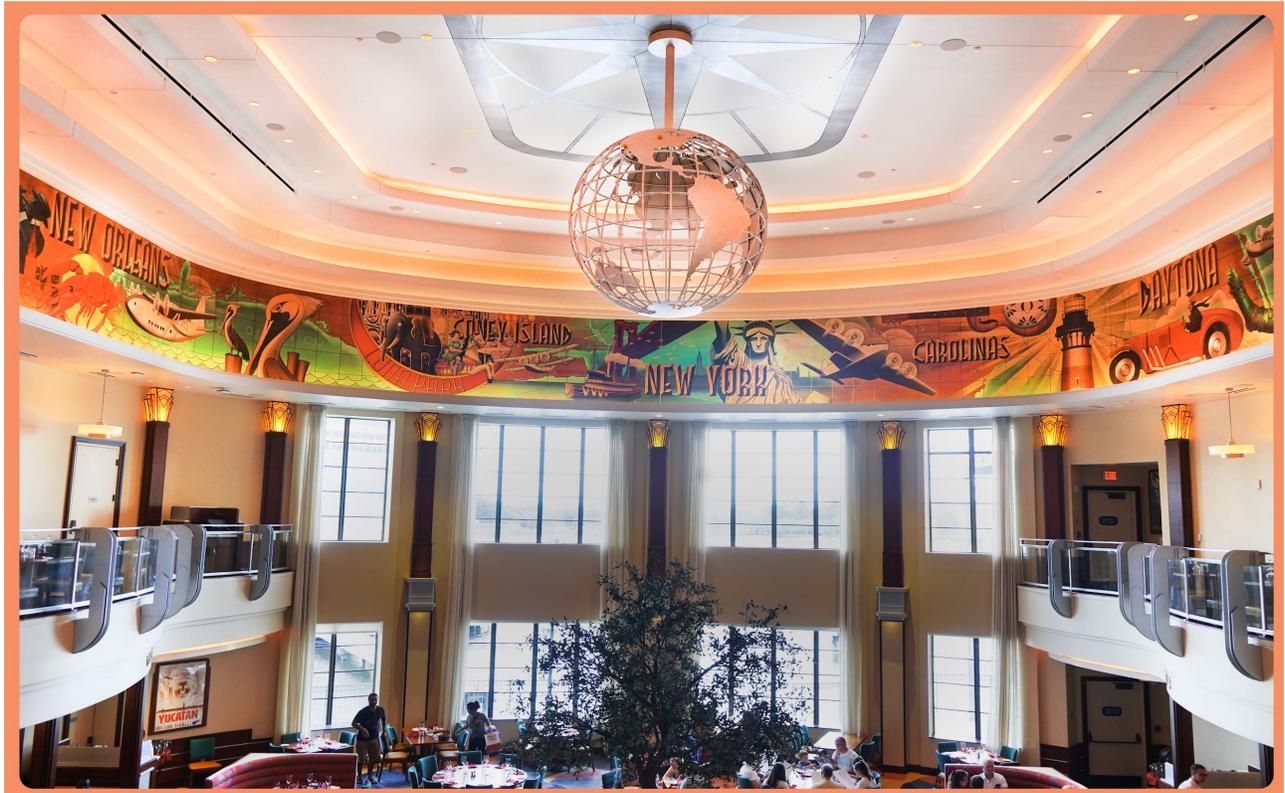


# Dining and Drinking at Disney Springs

There are a lot of great restaurants at Disney Springs. Excluding places I already mentioned in earlier sections, here are some crowd-favorites to help you narrow down your choices. Disney Springs has everything from fancy sit-down restaurants to food trucks. It all depends on what you're in the mood for!

## 1) Have a romantic dinner at these table-service restaurants

The Boathouse, Homecomin', Morimoto Asia, or Maria & Enzo's.



*Maria & Enzo's*

## 2) Enjoy a good cocktail at these lounges

Jock Lindsey's Hangar Bar, Wine Bar George, Enzo's Hideaway, or The Edison.



*Jock Lindsey's Hangar Bar*

# Dining and Drinking at Disney Springs

## 3) Grab a quick bite at these excellent quick-service spots

Chicken Guy by Guy Fieri, 4 Rivers Cantina Barbacoa Food Truck, The Polite Pig, or Blaze Pizza.



*Chicken Guy's Grilled and Fried Chicken with Loaded Fries*

## 4) Have a drink to-go

Dockside Margaritas or the Disney Springs Food Trucks located by The Void.

## 5) Share dessert

Amorette's Patisserie, Vivoli il Gelato, The Ganachery, or Erin McKenna's Vegan Bakery.



*Mickey S'more at The Ganachery*

# Adults-Only Itinerary for Disney's BoardWalk

**Disney's BoardWalk** is a small themed area located right outside of Epcot. You can get to the BoardWalk by using Epcot's back exit between France and the UK pavilion. Another option is to take a bus or taxi to any of the resorts on or near the BoardWalk, such as Yacht & Beach Club, BoardWalk Inn, or the Swan & Dolphin. I've got a few ideas that make for a great date night at the BoardWalk.



# Adults-Only Itinerary for Disney's BoardWalk

**Abracadabar** is the best place to grab a drink on the BoardWalk. Watch the old posters on the walls magically transform at thirteen minutes past the hour and keep a keen eye out for *Hidden Mickeys* around the parlor. My recommended cocktail is *Pepper's Ghost*, inspired by the ghost technology in the Haunted Mansion and made with pineapple vodka and habanero lime.

After cocktails, head next door to the **Flying Fish Cafe** for dinner. This restaurant is often lauded as the most romantic place to share a meal on Disney property. The atmosphere is classic and quiet, while the food is incredibly delicious.

For the budget-minded, opt out of the Flying Fish Cafe and grab a slice at the **Pizza Window** on the BoardWalk. This little spot is open until midnight every night.

Pile into the **photo booth** across from Ample Hills for a cute take-home souvenir! *Did you know that pictures taken in any of the Disney photo booths are automatically uploaded to your My Disney Experience account if you have the Memory Maker?*

Rent a **surrey bike** built for two, four, or six! Drink holders not included, I'm afraid.



# Adults-Only Itinerary for Disney's BoardWalk

Go dancing at **Atlantic City Dancehall**. The club features Top 40 dance hits with balcony views of the lake, Epcot, and surrounding resorts. It is also 21 and over with no cover charge *and* stays open until 2am. Crowds can be a bit hit and miss though, so to avoid being the only one on the dance floor, bring a few friends or a dance partner!

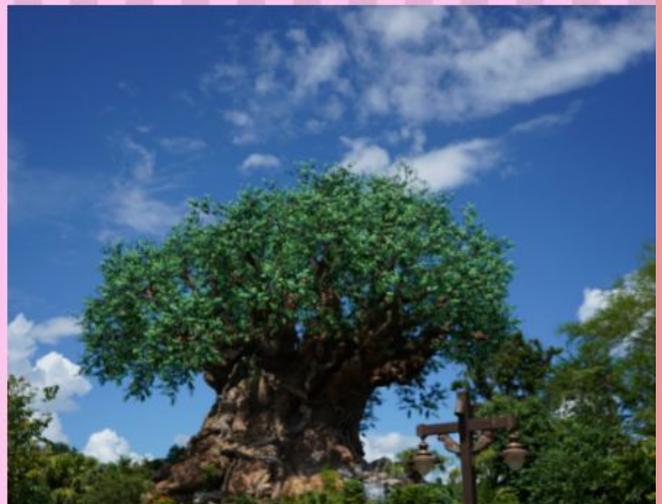
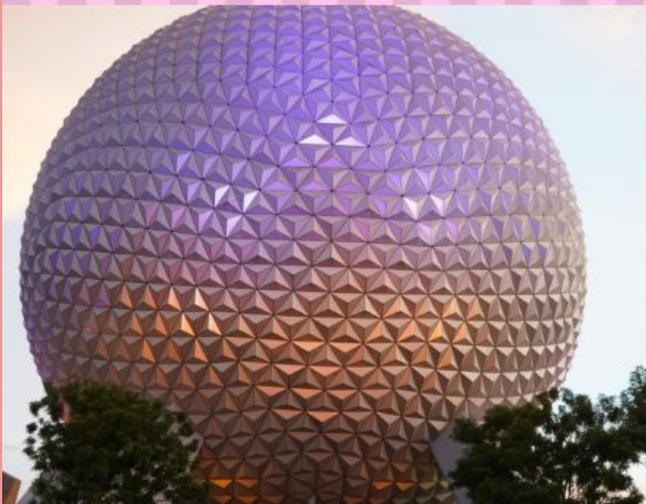
Finish the night by sharing a sundae at **Ample Hills Creamery**. This ice cream parlor is often voted the best on Disney property!

Alternatively, put your eating stamina to the test and attempt **The Kitchen Sink at Beaches n' Cream** inside Disney's Beach Club Resort. This massive dessert includes scoops of vanilla, chocolate, strawberry, cookies and cream, and mint chocolate chip ice cream, along with every topping on the menu and a whole can of whipped cream. You *will* need to bring a friend or six to finish it off. New for this year is the **Chocolate Lovers Kitchen Sink**. Be still, my chocolate-covered heart!



# ADULTS-ONLY GUIDE TO ALL FOUR PARKS...

- ★ ATTRACTIONS
- ★ DINING AND DRINKING
- ★ UNIQUE THINGS TO DO



# Rides, Dining, and Drinking in the Magic Kingdom

## Thrill Rides for Adults

Seven Dwarfs Mine Train  
Space Mountain  
Big Thunder Mountain  
Splash Mountain

## Chill Rides for Adults

Carousel of Progress  
The PeopleMover  
WDW Railroad  
Haunted Mansion  
it's a small world  
Mickey's PhilharMagic  
Peter Pan's Flight



## Best Quick-Service Restaurants for Adults

Pinocchio's Village Haus (*view of it's a small world*)  
Stage Door Cafe  
Pecos Bill Tall Tale Inn & Cafe  
Columbia Harbour House  
Casey's Corner

## Best Table-Service Restaurants for Adults

Be Our Guest  
Liberty Tree Tavern  
Jungle Navigation Co. LTD Skipper Canteen  
Cinderella's Royal Table (*Princess Character Dining*)



# Rides, Dining, and Drinking in Magic Kingdom

## Best Cocktails

Sangria (*Cinderella's Royal Table, Be Our Guest, Jungle Canteen, The Plaza Restaurant*)

Pink Grapefruit Hefeweizen (*Be Our Guest*)

Bellini with Prosecco and Peach Juice (*Cinderella's Royal Table*)

Mimosa (*Crystal Palace*)

Iron Horse Fairy Tale Celebration Cuvée Brut (*Liberty Tree Tavern*)

*Note: alcohol is only served at sit-down restaurants in Magic Kingdom, so I've highlighted the best snacks as a bonus!*

## Best Snacks

Buffalo Chicken Tots (*Friar's Nook*)

Dole Whip (*Aloha Isle*)

Citrus Swirl (*Sunshine Tree Terrace*)

Cheeseburger Spring Roll: (*Adventureland Egg Roll Cart*)

Chicken and Waffles (*Sleepy Hollow*)

Corn Dog Nuggets (*Casey's Corner*)



Corn Dog Nuggets- Casey's Corner



# Unique Things To Do in Magic Kingdom

## Stop by Mickey's Not So Scary Halloween Party and Mickey's Very Merry Christmas Party

The two biggest annual bashes at Disney World are the holiday parties, but I can't decide which one is better because I love them both very much. The Halloween Party has the best parade Disney has ever created. Having said that, you can't beat Magic Kingdom during the holidays!

Take note that you need to purchase a separate ticket to enter either party. For some, the extra \$100+ may not seem worth it, but in my humble opinion, it is worth every penny. You experience special parades, live shows, fireworks, extended hours, and generally slower crowds. Did I mention free treats? All-you-care-to-enjoy Halloween candy or Christmas cookies and cocoa!



# Unique Things To Do in Magic Kingdom

## **Enjoy a Fireworks Dessert Party at the Tomorrowland Terrace or Plaza Garden**

Dessert parties are great for those who want to enjoy the fireworks or parades with a little something extra. During the party, you will share a private patio with other party guests and indulge in (non-alcoholic) drinks and special sweets like chocolate-covered strawberries. Pricing is \$84 per adult.

## **Snuggle up in a Doom Buggy and get spooked on the Haunted Mansion**

Sure, it's not the Tunnel of Love, but it's a dark and cozy ride with secluded ride vehicles!

## **Share a picnic on Tom Sawyer's Island**

Guests must take a raft to get to the island, which makes this area the least crowded place in Magic Kingdom. Grab some snacks from Frontierland and pack them over to the island for a quiet lunch. Westward Ho, the small food cart in front of the raft boarding area, has candied bacon and cold brew coffee.

## **Take the Keys to the Kingdom Tour**

This is the best tour offered at Disney World and you must be 16 years or above to join, making it the only truly adult-centric activity in the Magic Kingdom. The five hour tour takes you on a Disney history lesson throughout the Magic Kingdom and even goes through the 'secret' underground tunnels from which regular park guests are prohibited. Included in your tour is lunch and a unique souvenir. This tour is \$99 per person.

## **Go all out with VIP Tour Services**

For the ultimate bougie experience, you can have a personal concierge determine your itinerary and escort your group with expedited passes to the front of the lines. This is probably the most luxurious thing you can do at Disney World and it will set you back between \$425 and \$625 per hour. While you can actually do this tour at any of the parks, most opt to be escorted around Magic Kingdom.



# Rides, Dining, and Drinking in Epcot

## Single Riders Line: Test Track

### Thrill Rides for Adults

Test Track

Mission Space (*unless you're prone to motion sickness!*)

### Chill Rides for Adults

Soarin' Around the World

Frozen Ever After

Living With the Land

Journey into Imagination

Gran Fiesta Tour Starring: The Three Caballeros

### Best Quick-Service Restaurants for Adults

Sunshine Seasons

Yorkshire County Fish Shop

Les Halles Boulangerie Patisserie

Kringla Bakeri og Kafe

Tangierine Cafe



# Rides, Dining, and Drinking in Epcot

## Best Table-Service Restaurants for Adults

Chefs de France

Restaurant Marrakesh

San Angel Inn Restaurante

Le Cellier

Rose & Crown Pub

## Best Cocktails

Orange Slush (*Les Vins des Chefs de France*)

Viking Coffee (*Kringla Bakeri Og Kafe*)

Passion Mango Frozen Margarita (*Choza de Margarita*)

Buffalo Trace Bourbon Frozen Coke (*Liberty Inn*)

Cyprus Sun (*Spice Road Table*)



# Unique Things To Do in Epcot

## Food and Wine Festival

*Roughly September through November*

This is the oldest and most popular Epcot festival. Each kiosk features menu items inspired by the countries represented in World Showcase and beyond. Over the years, they've added new and experimental food booths, the most popular of which is the Light Lab. There, they showcase phosphorescent cocktails served in a blacklight lounge. The Festival Center has more to offer than glowing cocktails though, also hosting daily demonstrations by celebrity chefs, wine tastings, and cooking classes.

## Festival of Holidays

*Roughly mid-November through the end of December*

Each pavilion highlights holiday cultures and traditions through food, drink, and live storytelling. Try Norway's Rice Cream or America's Cocoa Candy Cane spiked with Peppermint Schnapps. The main attraction every year is the Candlelight Processional though. The Processional features a different celebrity each night who reads holiday-themed parables, accompanied by a singing Christmas tree of Cast Members.

*Pro Tip: Booking the Candlelight Processional Dining Package allows you guaranteed seating, so you don't have to line up early.*



*Bleu Spectrum from the Light Lab - Food & Wine Festival 2018*

# Unique Things To Do in Epcot

## **Festival of the Arts**

*Roughly mid-January through mid-February*

This highly underrated Epcot festival celebrates the arts with painters, musicians, actors, acrobatics, and more. Most importantly, it highlights culinary artistry with creative dishes like colorful, layered cakes and deconstructed cheesecakes. You can also get in touch with your inner artist and take a drawing workshop led by a real Disney Illustrator.

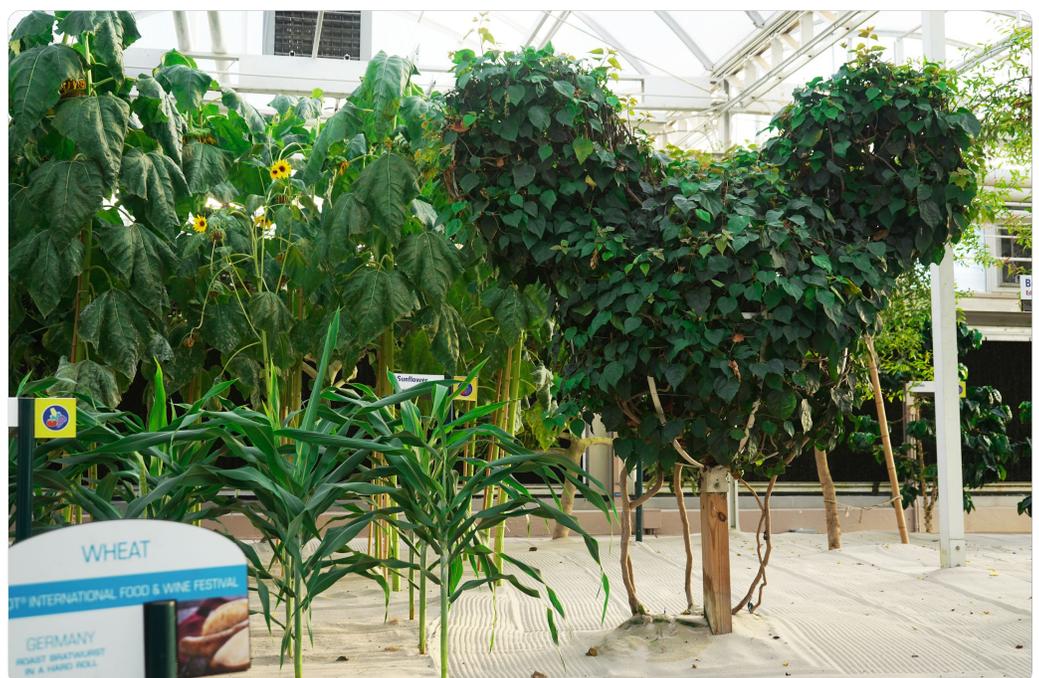
## **Flower and Garden Festival**

*Roughly March through June*

Every year, the Disney Horticulturists show off their skills by creating huge topiaries shaped into famous characters like Mickey Mouse, Belle and Beast, or the Three Caballeros. The festival also features a butterfly garden, concerts, and tons of food and cocktails inspired by the event.

## **Behind the Seeds Tour**

Get an up-close look at the real agriculture of Epcot's Living with Land attraction. This is the second most popular tour, next to Keys to the Kingdom and I promise you, my description doesn't do this walking tour justice! You won't be bored when you're handling real cacao pods and are stood just inches from water eels. The cost is only \$25 per adult too, which makes it the most affordable walking tour available.



# Rides, Dining, and Drinking in Animal Kingdom

## Single Riders Line: Expedition Everest

### Thrill Rides for Adults

Expedition Everest

Avatar: Flight of Passage

Kilimanjaro Safaris

Kali River Rapids

Dinosaur

### Chill Rides for Adults

It's Tough to be a Bug!

Na'vi River Journey

Festival of the Lion King Show

Finding Nemo: The Musical

### Best Quick-Service Restaurants for Adults

Satu'li Canteen

Flame Tree Barbecue

Yak & Yeti Local Food Cafes

Harambe Market



# Rides, Dining, and Drinking in Animal Kingdom

## Best Table-Service Restaurants for Adults

Tiffins

Tusker House Restaurant

Yak & Yeti Restaurant

## Best Cocktails

Lamu Libation (*Nomad Lounge*)

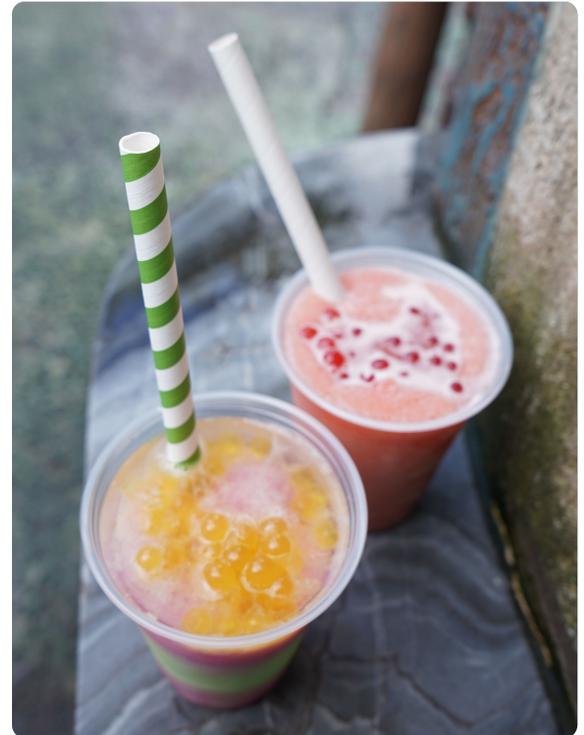
Rum Blossom (*Pongu Pongu*)

Dole Whip with Coconut or Dark Rum (*Tamu Tamu Refreshments*)

African Bloody Mary (*Dawa Bar*)

Khumbu Icefall (*Thirsty River Bar and Trek Snacks*)

Triple Yeti Blast (*Warung Outpost*)



Rum Blossom and Mo'ara Margarita - Pongu Pongu



Tempting Tigress, Mustang Coffee, and Lamu Libation (back) - Nomad Lounge

# Unique Things To Do in Animal Kingdom

## **Take a casual stroll through the various animal exhibits**

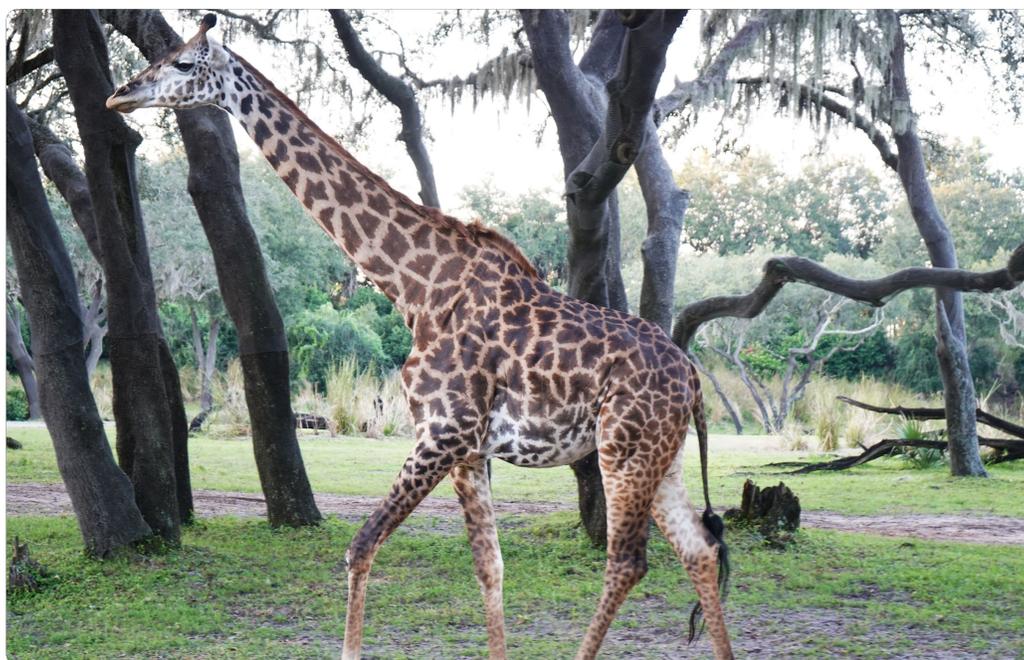
After the stress of rope dropping Flight of Passage, you'll want some much-needed cooldown time. Winding through the explorations trails within the lush forests will calm your nerves a bit and the scenic paths lead to gorillas, tigers, hippos, and more. I like to grab an iced coffee from Kusafiri Bakery before heading in to enjoy the scenery.

## **Have a quiet dinner at Tiffins**

Tiffins acts like an art gallery with original sketches, maps, and photographs taken by Imagineers during their initial research for Animal Kingdom. In the Safari Room, there are some sketches and photographs taken of the animals within Animal Kingdom too. The fun part is figuring out which photographs were taken in the theme park and which were taken in the wild. The Tiffins menu is inspired by the cuisine of Africa, South America, and Asia.

## **Take a resort bus to the Animal Kingdom Lodge and embark on a Starlight Safari**

Most animals are very active around sunset and into the evening. You can get in on the action and take a small tour around Disney's Animal Kingdom Lodge. With night vision goggles, observe the zebras and giraffes under the stars! This is an extremely unique opportunity to see over 30 species of African animals after the sun goes down. Pricing is \$74 per adult.



# Rides, Dining, and Drinking in Hollywood Studios

## Single Riders Line: Expedition Everest

### Thrill Rides for Adults

Tower of Terror  
Rock n' Roller Coaster  
Star Tours  
Millennium Falcon: Smuggler's Run  
Rise of the Resistance

### Chill Rides for Adults

Toy Story Mania  
Alien Swirling Saucers  
Muppet Vision 3-D  
One Man's Dream  
Indiana Jones Epic Stunt Spectacular!

### Best Quick-Service Restaurants for Adults

Woody's Lunch Box  
Ronto Roasters  
Docking Bay 7  
Backlot Express  
ABC Commissary



# Rides, Dining, and Drinking in Hollywood Studios

## Best Table-Service Restaurants for Adults

The Hollywood Brown Derby  
Sci-Fi Dine-In Theater  
50s Prime Time Cafe  
Mama Melrose's Ristorante Italiano

## Best Cocktails

Grown-Up's Lemonade (*Woody's Lunch Box*)  
California Sunset (*BaseLine Tap House*)  
Dad's Electric Lemonade (*Tune-In Lounge*)  
Boozy Blue Milk (*Milk Stand in Galaxy's Edge*)  
Orbiting Oreos (*Sci-Fi Dine-In Theatre*)



*California Sunset and Spiced Almonds at BaseLine Taphouse*



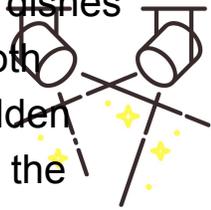
# Unique Things To Do in Hollywood Studios

## **Take a Trip to Star Wars: Galaxy's Edge**

The newest land in Hollywood Studios is created for Star Wars fans and young and old. You can fly on the Millennium Falcon, fight with the Resistance, and drink Blue Milk all in one day! Be sure to give yourself ample time to peruse the cool marketplace in Batuu!

## **Stop by the most notable watering hole, the new BaseLine Tap House**

Beers *and* cocktails are on tap, served with giant pretzels and innovative dishes like Coffee-Rubbed Rib-Eye Steak Puffs. The atmosphere is cozy with both indoor air-conditioned seating and an outdoor terrace with umbrellas. Hidden easter eggs referencing Disney films and history are even placed around the lounge.



## **Enjoy the Brown Derby without paying for a full meal**

Yes, really! The lounge serves most of the same bites and cocktails from the restaurant and is first-come, first-serve, so you won't need a reservation to enjoy it either. The best items from the lounge are the Cobb Salad, Grapefruit Cake, and the Bloody Mary.

## **Relive your childhood memories in Toy Story Land**

The newest land in Hollywood Studios harkens back to the first Pixar movie. For most of us, we either grew up on Toy Story movies, or they later came to be a huge part of our lives. I think Toy Story Land is adorable and although I wish it was more immersive, there are a lot of easter eggs and small details that add to the experience. To get the most out of this land, I suggest rope dropping Slinky Dog and Alien Swirling Saucers in the morning and getting a FastPass for Toy Story Mania.



# *That's a wrap!*

If you've made it this far, I commend you! I've thrown out a bunch of information and I know it can feel overwhelming. Don't worry! No matter what you end up doing, I'm sure you will have a wonderful time. Some of my best Disney memories were spent sitting on a park bench and taking in the atmosphere.

Having said that, if you have any questions about the eBook or planning a Disney vacation, feel free to shoot me an email.

Happy vacationing, friend!

- Kylee

[kylee@themeparksforgrownups.com](mailto:kylee@themeparksforgrownups.com)

Looking for more fun things to do at Disney World and beyond? Check out my website or follow me on Instagram!

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